

Information for General Practitioners



Patient sign-up

Scan or visit
kantoko.com.au

A Kantoko account is required
to get started.

Kantoko is an Adult ADHD-focused Telehealth Clinic. We're making high quality ADHD care affordable and accessible to Australians.

Our Pricing

\$200 for the first month, then \$100 per month thereafter.

Patients are required to continue for a minimum of 12 months, so the expected cost for the first year is \$1,300.

From 6 August 2026, this includes:

- An ADHD assessment in the first year and
- up to 6 standard follow-up appointments each year.

Appointments at Kantoko are scheduled according to clinical need, and monthly fees do not mean monthly appointments.

Additional fees apply for extra or extended appointments — see kantoko.com.au for details.

Medication is not included in this cost.

Why is Kantoko preferred?

- Clear pricing with monthly payments — patients know exactly how much they will be paying (\$1,300 for the first year).
- Doctors experienced in ADHD.
- Short wait times.
- Pre-booked follow-up appointments.
- Care Team helps guide patients through the process.
- Patients can ask questions outside of appointments.

Accepted States and Waiting Times

New South Wales (NSW)	1 – 3 weeks
Victoria (VIC)	1 – 3 weeks
Queensland (QLD)	1 – 3 weeks
Tasmania (TAS)	2 – 3 weeks
South Australia (SA)	2 – 3 weeks
Australian Capital Territory (ACT)	2 – 3 weeks

(Accurate as of 16 July 2026)

How to Refer

Referrals can be sent via email or fax:

 Email: referral@kantoko.com.au

 Fax: (02) 8528 9234



Patients can sign up directly

Ask your patient to scan the code or visit
kantoko.com.au to create their account.

What details should I include in the referral?

A detailed referral is always preferred. In addition to standard requirements (date, signature, address/provider number), where possible please include the following:

1. Reason for referral, including symptoms
2. Current and past medications
3. Mental Health History
4. Family Mental Health History
5. Medical History
6. Any history or family history of heart conditions

What tests would be helpful to include?

We will always require the following tests, so to avoid any treatment delays we recommend proactively performing the following:

✓ Blood Pressure ✓ Pulse ✓ Weight

✓ ECG Graph/Trace and Report

Note: if an ECG from the last 3 months can be sent there is no need to repeat this.

✓ Bloods — FBC, EUC, LFT, TFT, B12/Folate, Iron

Note: if results for these markers from the last 3 months can be sent there is no need to repeat this.

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FAQs

Who is a good candidate for Kantoko?

Kantoko works best for straightforward patients without multiple conditions or a complex mental health history.

Note: We only accept patients over the age of 18.

Are the monthly fees available for Medicare Rebates?

No, the monthly fees have no Medicare Rebate.

Do you offer 291 Assessments?

No.

What happens if the patient doesn't have ADHD?

We'll discuss the outcome and next steps with the patient, and send their GP a letter with our findings and recommendations. If they choose not to continue, the subscription is usually cancelled without further fees, depending on their circumstances.

What is communicated back to GPs, and when?

Our aim is to ensure GPs are kept up-to-date with the patient's care. GPs should expect communication after the initial assessment (which may take more than 1 appointment), and after any key changes to care or elapsed time. Letters include any key updates, diagnoses, medication changes and monitoring required, future planned care (i.e. future appointment dates), and any requests for the GP (e.g. "X has been advised to see you for...").

Are all appointments with a Psychiatrist?

No. Kantoko operates under a collaborative care model, which includes Psychiatrists and Mental Health GPs. All care is coordinated under the supervision of a Psychiatrist.

How do patients attend appointments?

Our Telehealth appointments are conducted via our own platform, which can be joined on all modern browsers (mobile and desktop). All patients need is a camera, microphone, and strong internet connection. There is no in-person location.