

Information for General Practitioners

Kantoko is an Adult ADHD-focused Telehealth Clinic. We're making high quality ADHD care affordable and accessible to Australians.

Our Pricing

\$200 for the first month, then \$100 per month after.

- We expect patients to continue for **12 months**, so the expected cost for the first year should be **\$1300**.
- The only additional fees would be for **missed appointments**.
- Medication is **not included** in this cost.

Why is Kantoko preferred?

- **Clear Pricing with Monthly Payments** – patients know exactly how much they will be paying (\$1300 for the first year).
- Doctors experienced in **ADHD**.
- **Short** Wait Times.
- **Pre-booked Follow Up** Appointments.
- **Care Team** helps guide patients through the process.
- Patients can ask questions **outside** of appointments.

Accepted States and Waiting Time

NSW	3 – 4 weeks
VIC	0 – 2 weeks
QLD	3 – 4 weeks
TAS	0 – 2 weeks
SA	Limited number of appts

(accurate as of 4 Mar 2025)

How to Refer

Referrals can be sent via email or fax:

✉ Email: referral@kantoko.com.au

☎ Fax: (02) 8528 9234

What details should I include in the referral?

A detailed referral is always preferred. In addition to standard requirements (date, signature, address/provider number), where possible please include the following:

- 1 – Reason for referral, including symptoms.
- 2 – Current and past medications
- 3 – Mental Health History
- 4 – Family Mental Health History
- 5 – Medical History
- 6 – Specifically include any history or family history of heart conditions.

What tests would be helpful to include?

We will always require the following tests, so to avoid any treatment delays we recommend proactively performing the following:

✓ Blood Pressure ✓ Pulse ✓ Weight

✓ ECG

Note: if an ECG from the last 3 months can be sent there is no need to repeat this.

✓ Bloods – FBC, EUC, LFT, TFT, B12/Folate, Iron.

Note: if results for these markers from the last 3 months can be sent there is no need to repeat this.

Inclusion of the results from these tests will help prioritise your patient.

Contact Details

✉ Email: gp@kantoko.com.au

☎ Phone: (02) 7208 9200

☎ Fax: (02) 8528 9234

🌐 www.kantoko.com.au

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FAQs

Who is a good candidate for Kantoko?

Kantoko works best for straightforward patients without multiple conditions or a complex mental health history.

Note: We only accept patients over the age of 18.

Are the monthly fees available for Medicare Rebates?

No, the monthly fees have no Medicare Rebate.

What happens if the patient doesn't have ADHD?

This will be discussed with the patient and they often choose to discontinue. The patient's GP will receive a letter detailing this and any recommendations.

Will they be required to continue the subscription?

This is considered on a case-by-case basis. It's common to cancel the subscription with no further fees in these cases.

What is communicated back to GPs, and when?

Our aim is to ensure GPs are kept up-to-date with the patient's care. GPs should expect communication after the initial assessment (which may take more than 1 appointment), and after any key changes to care or elapsed time. Letters include any key updates, diagnoses, medication changes and monitoring required, future planned care (i.e. future appointment dates), and any requests for the GP (e.g. "X has been advised to see you for...").

Do you offer 291 Assessments?

No.

Are all appointments with a Psychiatrist?

No. Kantoko operates under a collaborative care model, which includes Psychiatrists and Mental Health GPs. All care is coordinated under the supervision of a Psychiatrist.

How do patients attend appointments?

Our Telehealth appointments are conducted via our own platform, which can be joined on all modern browsers (mobile and desktop). All patients need is a camera, microphone, and strong internet connection. There is no in-person location.